

We're here for you, for longer

GP and nurse appointments are now available in your area during the evenings and at the weekend.

To book an appointment, contact your practice.

For more information, visit bit.ly/ExtendedAccess

Your NHS, here for you.

Appointment times are listed over the page – part of plans for more NHS care to be available for you seven days a week



Sunil Limaye, GP

What you need to know about extended access to GP services at evenings and weekends

- Appointments are available 6.30pm-8pm Monday-Friday, 8am-2pm Saturday-Sunday and over bank holidays
- Appointments are at one of 4 mid Essex centres – there is no walk-in service available
- You will see the most suitable healthcare professional such as a nurse practitioner, GP or healthcare assistant
- You can book and cancel these appointments in the same way as regular ones – at your surgery or online



To find out more about the service and how your details will be shared, visit bit.ly/ExtendedAccess